

# WINTER SPRING 2024 PROGRAM GUIDE



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(708) 343-5270 • [vpdpark.org](http://vpdpark.org)



# General Information

## Board of Commissioners

Committed to enhancing the quality of life of our residents by offering the best in recreational and leisure services.



Thomas D. Olson  
President



Ronald Boscacccy  
Vice President



Diane Sampson  
Secretary



Mary Copher  
Treasurer



Orlando Velasquez  
Commissioner

## BOARD MEETINGS

Board meetings are held at 6:30 PM on the 3rd Monday of the month. Meetings take place at Bulger Park Community Center, 1601 Hirsch St., Melrose Park.

## VPD Administration

Bill Otte	Executive Director
Margaret Stabile	Director of Finance
Joe Ciolino	Superintendent of Buildings and Grounds
Matt Varney	Assistant to the Superintendent of Buildings and Grounds
Carlene Buvak Greifelt	Director of Recreation

## VPD Recreation Staff

Greg Stanczyk, CPRP	Assistant Director of Recreation
Arianna Nardella	Recreation Services/Aquatic Supervisor
Nico Urbinati	Recreation Supervisor
Anthony Arena	Recreation Supervisor
Monica Saldana	Recreation Coordinator

Other dedicated staff are listed on their respective program pages.

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## PROGRAM GUIDE ABBREVIATIONS

R Resident      N Nonresident

## Administrative Office Hours

### GRANT PARK RECREATION CENTER

44 W. Golfview Drive, Northlake IL 60164

Phone: (708) 343-5270

Office Hours:

M-F: 8 AM-6 PM

Sa: Closed

Su: Closed

**Registration:** Walk-in • Phone • Fax • Facility rentals

Building open in evenings for programs and rentals.

### GEORGE A. LEONI COMPLEX

800 N. 17th Ave., Melrose Park, IL 60160

Phone: (708) 716-4822

Office Hours:

M-F: 8 AM-6 PM

Sa: Closed

Su: Closed

Turf and batting cages rentals available: call (708) 716-4822

**Registration:** Walk-in • Phone (no fax registration, George A. Leoni Complex facility rentals only)

Building open in evenings and weekends for programs, walking track and rentals. After hours turf rentals available – call (708) 716-4822 for details.





## Veterans Day Ceremony

Veterans Park District was honored to show its appreciation to members of our armed forces, past and present, by hosting a Veterans Day Observance Ceremony on November 3rd at Bulger Park.



## Senior Club Check Presentation

Once again this fall, Veterans Park District Executive Director Bill Otte presented both the Grant Park Senior Club and the Bulger Park Senior Club with a check for \$4000 on behalf of the Veterans Park District Board of Commissioners.

# CIMBALO FITNESS CENTER AND MUSEUM

A COMFORTABLE COMMUNITY FITNESS CENTER WITH FRIENDLY STAFF

## GOLF SIMULATOR FEES

Tee times need to be reserved in advance.

1/2 hour ..... \$20    1 hour ..... \$40

## FITNESS STUDIO

Variety of group fitness classes held in our newly renovated studio, led by certified instructors.

## PICKLEBALL /RACQUETBALL/ HANDBALL COURT FEES

Non-Prime Time (9 AM to 5:30 PM) ..... \$7

Prime Time (6 PM to close and weekends) ..... \$9

## GUEST COURT FEE

When accompanied by a member ..... \$4

## YEARLY MEMBERSHIP FEES\*

When purchasing a membership, proof of residency must be a driver's license or a State ID and two utility bills.

Annual Membership	Resident	Nonresident
Adult (18 and up)	\$160	\$200
Youth (14-17)	\$150	\$180
Family* (4 members, same household)	\$240	\$300
Senior (60 and older)	\$85	\$110

\* Family membership requires proof of residency for each family member to be included in membership.

**Fitness Center members receive 25% off on fitness classes!**

**Fitness Center Daily Pass ..... \$7 per visit**

**Locker Rentals ..... \$60 per year**

**Corporate Memberships available.**

**Call (708) 343-5151 for more information.**

**No joining  
fees!**

## CIMBALO FITNESS CENTER

1203 N. 24th Ave., Melrose Park

Email: [cimbalo@vpdpark.org](mailto:cimbalo@vpdpark.org)

☎ (708) 343-5151

📱 @vpdfitness

## FITNESS CENTER HOURS

Monday-Friday • 6 AM-8 PM

Saturday-Sunday • 8 AM-2 PM



## STATE-OF-THE-ART EQUIPMENT

**Cardio Area:** Treadmills, Stair Climbers, Recumbent Bikes, Max Trainer and TV's with AudioFetch Technology.

**Strength Training:** Tons of Free Weights, Benches, Squat Racks, Olympic Plates, Squat Cage and Smith Machine.

**Circuit Training Area:** Various Circuit Training Machines to strengthen and tone all major muscle groups.

**Cross-Functional Training Room:** Interval Training, Heavy Bags, Airdyne Bike, Rowing Machine, Battle Ropes, Kettle Bells, Agility Ladder, Pull-up Mounts and much more.

## NEW STRENGTH ROOM AND WARM-UP AREA

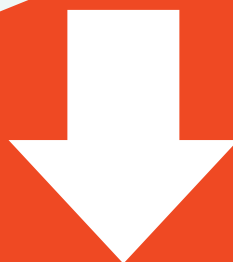
Come check out all our new equipment at Cimbalo Fitness Center, including our new strength room and warm-up area. The new strength room features brand new squat racks, benches, and barbells (including 3 new Hex bars) as well as over 1000 pounds of new bumper plates!

The new warm-up area features new mats, foam rollers, and stretching straps. Also added to our existing weight room is a new set of heavier dumbbells up to 100 pounds.



## GOLF SIMULATOR MONTHLY CHALLENGES

Monthly golf simulator challenges coming this winter! Winners will receive prizes, including 1-hour golf simulator rental vouchers, fitness class vouchers, and VPD gift certificates.



## OPEN HOUSE

**Saturday, January 6 • 8 AM-2 PM**

**Join us in starting the New Year on the right foot and kick-start your fitness journey at Cimbalo Fitness Center!**

We're excited to offer you a day of complimentary access to our top-notch fitness facility, along with free fitness classes and demonstrations. You can also enjoy open court play for sports like Pickleball, Handball, and Racquetball.

We've got a fantastic lineup for the day, including refreshments, giveaways, and an exciting RAFFLE with incredible prizes, such as fitness class passes, Gouin Pool season passes, golf simulator vouchers, and even a free 1-year fitness club membership!

Furthermore, we've partnered with local health-related companies who will be hosting tables with free samples, discounts, and various giveaways.

Our state-of-the-art equipment, welcoming family atmosphere, and our team of friendly and knowledgeable staff are all here to support you on your fitness journey. At Cimbalo Fitness Center, we've got everything you need to help you achieve your fitness goals!



Zumba®

This dance-inspired total body workout combines all elements of fitness: cardio, muscle conditioning, balance, and flexibility. Latin music and easy to follow moves provide a fun, energetic class that will make you forget you're even exercising! Choose from Monday nights or Thursday nights at Cimbalo Fitness Center.

Age	Date	Day	Time	R/N Fee	Code #
16+	Jan 8–Feb 12*	M	6:30 PM	\$40/55	555666-69
16+	Feb 26–Mar 25	M	6:30 PM	\$40/55	555666-70
16+	Apr 8–May 6	M	6:30 PM	\$40/55	555666-71

\* No class Jan 15

Instructor: Hilda/Tony  
Location: Cimbalo Fitness Center

Min/Max: 4/12

Zumba Gold®

A modified low intensity Zumba, easy to follow choreography with a focus on balance, range of motion and coordination. This class focuses on flexibility, balance, cardiovascular and muscular condition.

Age	Date	Day	Time	R/N Fee	Code #
50+	Jan 12–Feb 9	F	10:30 AM	\$40/55	555888-2
50+	Feb 23–Mar 22	F	10:30 AM	\$40/55	555888-3
50+	Apr 5–May 3	F	10:30 AM	\$40/55	555888-4

Instructor: Hilda  
Location: Grant Park, Trevino Hall

Min/Max: 5/12



See page 25 for Pickleball court locations.

Strong Nation®

This class combines body weight, muscle conditioning, cardio and plyometric training moves synced to original music specifically designed to match every single move.

Age	Date	Day	Time	R/N Fee	Code #
16+	Jan 13–Feb 10	Sa	9:30 AM	\$40/55	555444-36
16+	Feb 24–Mar 23	Sa	9:30 AM	\$40/55	555444-37
16+	Apr 6–May 4	Sa	9:30 AM	\$40/55	555444-38

Instructor: Tony  
Location: Cimbalo Fitness Center

Min/Max: 4/12

Pump and Sculpt

Offering the challenge of adding resistance by using light weights, this class helps you focus on specific muscle groups so you can stay engaged and firm up.

Age	Date	Day	Time	R/N Fee	Code #
16+	Jan 10–Feb 7	W	6:30 PM	\$40/55	557000-27
16+	Feb 21–Mar 20	W	6:30 PM	\$40/55	557000-28
16+	Apr 3–May 1	W	6:30 PM	\$40/55	557000-29

Instructor: Hilda  
Location: Cimbalo Fitness Center

Min/Max: 5/12

Middle Eastern Belly Dancing

This dance form has been used for centuries for exercise, fun, and fitness. This class will strengthen your inner core muscles and improve flexibility. Please bring a hip scarf if you have one.

Age	Date	Day	Time	R/N Fee	Code #
16+	Jan 9–Feb 6	Tu	6:45PM	\$40/55	555777-32
16+	Feb 20–Mar 19	Tu	6:45PM	\$40/55	555777-33
16+	Apr 2–Apr 30	Tu	6:45PM	\$40/55	555777-34

Instructor: Felicia  
Location: Cimbalo Fitness Center

Min/Max: 4/12

CIRCL Mobility™ Release. Restore. Renew.

Based on the science of functional movement, this class focuses on flexibility, breathwork, and mobility exercises to help you move better and longer. Set to a soundtrack of healing tones and sound frequencies to help your mind focus and release stress.

Age	Date	Day	Time	R/N Fee	Code #
16+	Jan 11–Feb 8	Th	6:30 PM	\$40/55	555222-31
16+	Feb 22–Mar 21	Th	6:30 PM	\$40/55	555222-32
16+	Apr 4–May 2	Th	6:30 PM	\$40/55	555222-33

Instructor: Tony  
Location: Cimbalo Fitness Center

Min/Max: 4/12



## VPD PRESCHOOL NORTHLAKE

112 N. WOLF RD., NORTHLAKE

AGES  
3-5



HALF DAY: 9 AM-12 PM OR 1-4 PM / 2, 3, OR 5 DAY OPTIONS

Our DCFS licensed preschool program offers a balance of social and academic experiences for your little learner. Your child is inspired daily by dedicated teachers who provide a nurturing environment. Each child will have the opportunity to meet new friends, build self-confidence, naturally explore, develop strong self-esteem and learn to cooperate with others. Our goal is that every child leaves having a positive learning experience here at Veterans Park District Preschool.

The preschool program follows the Creative Curriculum, endorsed by the National Association of Education of Young Learners. Teachers also follow the Illinois Early Learning and Development Standards, which are aligned with the Illinois Kindergarten Standards and Common Core State Standards to promote readiness for Kindergarten.

We accept Action for Children, a state funded program which provides tuition assistance for families who qualify ([www.actforchildren.org](http://www.actforchildren.org)).

### REQUIREMENTS

Parents must complete a registration packet before a child is allowed to register. Packets are available at our Bulger Park, Grant Park, and George A. Leoni Complex facilities. You may also download our parent packet at [vpdpark.org](http://vpdpark.org).

The following checklist is due at registration:

- Completed Registration Packet
- Child's Birth Certificate
- Current Physical and Medical Requirements (found in registration packet)
- A picture ID AND utility bill with name and current address
- Child must be 3 years old by September 1st and potty trained
- Non-refundable \$100 registration fee is required

### PRESCHOOL REGISTRATION LOCATIONS

Grant Park, 44 W. Golfview Dr., Northlake  
George A. Leoni Complex, 800 N. 17th Ave., Melrose Park

Call (708) 731-5290 or send an e-mail to [gstanczyk@vpdpark.org](mailto:gstanczyk@vpdpark.org) for more information or to schedule a tour.

### 2023/2024 SCHOOL YEAR PRICING

**Please Note:** Tuition is based on a full nine-month program, broken into easy monthly payments.

Classes will run based on minimum requirement.

All children are provided with a snack, included in tuition.

Tuition due on the 19th of each month, one month in advance.

Day	Time	R/N Fee
M-F	9 AM-12 PM or 1-4 PM	\$282/312
M W F	9 AM-12 PM or 1-4 PM	\$203/233
Tu Th	9 AM-12 PM or 1-4 PM	\$141/171

REGISTRATION  
OPENS ON  
APRIL 8 FOR  
THE 2024/2025  
SCHOOL YEAR



For more information please call the preschool office at (708) 731-5290 or contact us via e-mail at [gstanczyk@vpdpark.org](mailto:gstanczyk@vpdpark.org).

## Preescolar de VPD Northlake 2023-2024

EDADES 3-5

### VETERANS PARK DISTRICT PRESCHOOL

112 N. Wolf Rd., Northlake

Medio día: 9 AM-12 PM o 1-4 PM Opciones de 2, 3, o 5 días

Nuestro programa preescolar con licencia de DCFS ofrece un equilibrio de experiencias sociales y académicas para su pequeño alumno. Su hijo se inspirará a diario con profesores dedicados que le proporcionarán un entorno enriquecedor. Cada niño tendrá la oportunidad de conocer nuevos amigos, desarrollar la confianza en sí mismo, explorar de forma natural, desarrollar una fuerte autoestima y aprender a cooperar con los demás. Nuestro objetivo es que cada niño tenga una experiencia de aprendizaje positiva aquí en Veterans Park District Preschool.

### Requisitos

Los padres deben completar un paquete de registro antes de que un niño pueda registrarse. Los paquetes están disponibles en nuestras instalaciones de Bulger Park, Grant Park y George A. Leoni Complex. También puede descargar nuestro paquete para padres en [vpdpark.org](http://vpdpark.org). La siguiente lista de verificación debe entregarse al registrarse:

- Paquete de registro completo
- Certificado de nacimiento del niño
- Requisitos médicos y físicos actuales (que se encuentran en el registro paquete)

- Una identificación con foto Y una factura de servicios públicos con el nombre y la dirección actual
- El niño debe tener 3 años antes del 1 de septiembre y estar capacitado para ir al baño
- Se requerirá un registro no reembolsable de \$100

### ¿Dónde inscribir a su hijo/a?

Grant Park, 44 W. Golfview Dr., Northlake

George A. Leoni Complex, 800 N. 17th Ave., Melrose Park

### Precios 2023/2024

Tenga en cuenta: la matrícula se basa en un programa completo de nueve meses, pero se divide en pagos mensuales fáciles. Las clases se ejecutarán según los requisitos mínimos.

Todos los niños reciben un refrigerio, incluido en la matrícula.

**Los pagos mensuales se hacen el último día de cada mes, con un mes de anticipación.**

Day	Time	R/N Fee
Lun-Vie	9 AM-12 PM or 1-4 PM	\$282/312
Lun, Mié, Vie	9 AM-12 PM or 1-4 PM	\$203/233
Mar, Jue	9 AM-12 PM or 1-4 PM	\$141/171

Para obtener más información, llame a la oficina de preescolar al (708) 731-5290 o comuníquese por correo electrónico a [gstanczyk@vpdpark.org](mailto:gstanczyk@vpdpark.org).



As an extension of the  
**VETERANS PARK DISTRICT, WSSRA**  
offers our residents recreation programs for persons  
with disabilities, of all ages and ability levels.

Programs include fitness, art, Special Olympics,  
social, camp, swim and excursion programs.

Participants gain skills, increase self-confidence, make  
friends, visit new places and most importantly have fun.

View WSSRA's Seasonal Program  
Guide at [WSSRA.NET](http://WSSRA.NET)



The Imaginarium Sensory Room is a place  
for children with special needs to enjoy a multi-sensory  
experience in a calm and relaxing environment.

Location: George A. Leoni Complex  
800 N. 17th Ave., Melrose Park, IL

Visit [WSSRA.NET](http://WSSRA.NET) to schedule a play session

FIND US ONLINE FOR MORE INFO



**West Suburban Special Recreation Association**  
2915 Maple Street Franklin Park, IL 60131  
(847) 455-2100 • [wssra.net](http://wssra.net)





# Early Childhood Activities



## Alphabet Adventures

Each week your child will be introduced to different groups of letters in the alphabet, their sounds and shapes. Children will learn through books, flashcards, hands on activities and crafts. At the end of the program your child will have created their very own book of ABCs.

**Note: 2- & 3-year-olds must be accompanied by guardian.**

Age	Date	Day	Time	R/N Fee
2-5	Mar 19–Apr 23	Tu	10:15-11 AM	\$50/60

Location: Bulger Park

Min/Max: 4/8

## Start with Art

Explore seasonal topics and areas of interest in this engaging art program. Participants will become more familiar with arts and crafts materials by engaging with interactive activities. Each week has a themed sensory station that relates to our weekly art projects. We cannot wait to see your child's creativity at work.

**Note: 2- & 3-year-olds must be accompanied by parent.**

Age	Date	Day	Time	R/N Fee
2-5	Feb 5–Mar 18*	M	10:15 -11 AM	\$50/60

\* No class on Feb 19

Location: Grant Park

Min/Max: 4/8

## Toddlers Turf Time

Join us for a morning filled with fun, fitness and sport challenges! The Park District's Early Childhood Instructor, Ms. Monica, will give your child an introduction to fitness and sports equipment in a fun and positive atmosphere. Each day will include play-based themed stations, interactive circle time with music, movement and mini fitness sessions. A new piece of sports equipment for practices and activities will also be introduced. Please send your child in comfortable clothing that they can easily move around in (no dresses or skirts please) and a water bottle with their name on it.

Age	Date	Day	Time	R/N Fee
2-5	Apr 29–Jun 10*	M	10-11 AM	\$55/65

\* No class on May 27

Location: George A. Leoni Complex Hall & Turf

Min/Max: 4/8

## Parent & Tot Yoga

Join us for a morning filled with yoga, mindfulness and meditation! The Park District's certified Yoga Instructor, Ms. Victoria, will give you and your child an introduction to yoga in a fun and positive atmosphere. Each day will include play-based themed stations, interactive circle time with music and movement, a yoga themed story and mini yoga sessions. Each day will introduce new yoga practices and activities. The Veterans Park District will provide yoga mats or you can bring one from home. Please send your child in comfortable clothing that they can easily move around in (no dresses or skirts please) and a water bottle with their name on it.

Age	Date	Day	Time	R/N Fee
2-5	Apr 30–Jun 4	Tu	9:30-10:15 AM	\$50/60

Location: Grant Park, Trevino Hall

Min/Max: 4/8



**Thursdays 9:30–11:30 AM**

**Fee: \$3 per Child, Adults are Free**

This is a great opportunity for you and your child to socialize. The room is set up with tables, fun toys, games, mats, big wheels and even a ball pit! You and your child can play, interact, make a craft, enjoy music and movement, and have lots of fun!

Free coffee.

Location: Bulger Park Hall



Make Your Own Easter Basket

Hippity-hoppity, hop your way over to make a glowtastic Easter basket. Be creative, using colorful mesh ribbons, paint, painted eggs and other festive materials.

Age	Date	Day	Time	R/N Fee
6+	Mar 12	Tu	5:45-7:45 PM	\$30/40
Location: Bulger Park Community Center				Min/Max: 5/20

Cinco De Mayo

It's Fiesta time! A party should always require a Piñata. Join us in learning how to make a homemade Piñata out of paper mache and simple ingredients. After it's done, fill your Piñata with colorful and tasty candies.

Age	Date	Day	Time	R/N Fee
6+	Apr 23 & 30	Tu	5:45-7:45 PM	\$30/40
Location: Bulger Park Community Center				Min/Max: 5/20

Happy Planters

Everyone enjoys a flower or a plant. Gardening brings happiness, reduces stress and allows us to nurturer and connect with other living things. We will create a character using terracotta pots and paint a unique happy figure. This charming planter will be ready for display on your porch or patio.

Age	Date	Day	Time	R/N Fee
6+	May 7	Tu	5:45-7:45 PM	\$30/40
Location: Bulger Park Community Center				Min/Max: 5/20

Drawing 101

Drawing introduces a new perspective of the world. Basic drawing techniques will be covered, such as tracing, penciling in and shading. This class is aimed to help young children expand their imagination, use their creative side and interpret the world around them. Supplies are included.

Age	Date	Day	Time	R/N Fee
6+	Feb 26–Apr 1	M	6:30-7:30 PM	\$60/85
6+	Apr 29–Jun 10*	M	6:30-7:30 PM	\$60/85

\* No class May 27  
Location: Grant Park, Trevino Hall  
Min/Max: 5/10

Introduction to Acrylic Painting

Children will learn to express themselves through painting in this fun and fulfilling activity. This class gives children the opportunity to become more creative, increase their critical thinking skills, and gain a lifelong appreciation of art. Supplies are included.

Age	Date	Day	Time	R/N Fee
6+	Mar 2–Apr 13*	Sa	12:30-1:30 PM	\$60/85
6+	May 4–Jun 15*	Sa	12:30-1:30 PM	\$60/85

\* No class Mar 30, May 25  
Location: Grant Park, Trevino Hall  
Min/Max: 5/10

# AFTER SCHOOL CARE

## GRANT PARK, NORTHLAKE

**Registration is ongoing for the 2023-2024 School Year.**

**Grades:** K-5 (full or afternoon kindergarten only)

**Day:** 2, 3, 4 or 5 day options      Code # 500022

**Time:** After school-6 PM

**Facility:** Grant Park (Northlake)

**School transportation available for:**

District 83: Roy, Scott, Westdale / District 87: Whittier, Riley

Early Dismissal Care Available – Reservation Required

(pick up not available before noon, additional fee required).

**Monthly Fees:**

2 days: \$126/month      3 days: \$174/month

4 days: \$222/month      5 days: \$270/month

Early Dismissal Additional Fee: \$20

For more information please call (708) 731-5290 or contact us via e-mail at [gstanczyk@vpdpark.org](mailto:gstanczyk@vpdpark.org)



## SNACK ATTACK

## WHOLESOME BITES & TASTY TREATS



Join us and embark on a tasty journey filled with fun, learning, and mouthwatering snacks. Get ready to become a snack superstar and impress your family with your culinary talents. Snack time will never be the same!

Each week, your children can embark on an exciting sweet and savory journey where they'll uncover the joy and simplicity of preparing delicious and nutritious quick meals. We are sensitive to allergies and maintain a nut-free environment. Please note that recipes may vary from week to week.

*All necessary cooking equipment and ingredients will be provided during the class. Just bring your enthusiasm, and we'll take care of the rest! **Registration is required; see deadline dates. (Sorry, no day-of registration.)***

Age	Date	Day	Time	R/N Fee	Deadline to register
5-10	Jan 16-Feb 6	Tu	5-6:15 PM	\$55/65	Jan 11
5-10	Feb 20-Mar 12	Tu	5-6:15 PM	\$55/65	Feb 15
5-10	Apr 16-May 7	Tu	5-6:15 PM	\$55/65	Apr 14

Location: Bulger Park Community Center Classroom      Min/Max: 4/10

Age	Date	Day	Time	R/N Fee	Deadline to register
5-10	Jan 20-Feb 10	Sa	10-11:15 AM	\$55/65	Jan 11
5-10	Feb 24-Mar 16	Sa	10-11:15 AM	\$55/65	Feb 15
5-10	Apr 13-May 4	Sa	10-11:15 AM	\$55/65	Apr 5

Location: Grant Park : After School Care room      Min/Max: 4/10





# Family Events at Bulger Park



## Fiesta



### Family Dance Party

Join us for some family fun! Indulge in an evening packed with music, games and captivating entertainment. Plus, savor the delectable delights at a tasty taco bar.

Don't miss out on this fun opportunity to create lasting memories with your loved ones. Remember to register your family to attend and make sure to dress your best for this festive celebration.

Age	Date	Day	Time	R/N Fee Per person
0-99+	Feb 23	F	6-8 PM	\$10/15
Location: Bulger Park Hall				
Deadline to register: February 16				

# Ready, Set, Go!



**Mobile Racing Challenge** combines speed, excitement, flips and tricks in a Remote-Control Car Adventure.

Participants will be able to take control of their fully electric RC vehicle and race it around the indoor track. RC cars are provided.

Enjoy pizza and refreshments from the sidelines as you watch the races.

**Location : Bulger Park Hall**

Age	Date	Day	Time	R/N Fee
7+	Apr 5	F	6-8 PM	\$20/25 Child \$25/32 Adult

Registration deadline: April 1

## Mini Basketball

This four-week clinic, led by VPD staff, focuses on developing ball handling, passing, and shooting. Players will significantly improve their basketball skills!

Age	Date	Day	Time	R/N Fee	Code #
4-7	Jan 9–30	Tu	4-4:45 PM	\$55/70	393926
4-7	Feb 13–Mar 5	Tu	4-4:45 PM	\$55/70	393926
4-7	Mar 19–Apr 9	Tu	4-4:45 PM	\$55/70	393926

Location: Grant Park

Min/Max: 10/25

## Baseball

Calling all baseball players! Grab your glove and join us at the George A. Leoni Complex indoor turf field. In this class young athletes will practice and improve their infield drills, outfield drills, and hitting in our batting cages.

Age	Date	Day	Time	R/N Fee	Code #
8-12	Jan 10–31	W	4-4:45 PM	\$55/70	393926
8-12	Feb 14–Mar 6	W	4-4:45 PM	\$55/70	393926
8-12	Mar 20–Apr 10	W	4-4:45 PM	\$55/70	393926

Location: George A. Leoni Complex

Min/Max: 4/10

## Mini Soccer

Young soccer players will learn various drills and basic skills at this fun, indoor turf Mini Soccer Class.

Age	Date	Day	Time	R/N Fee	Code #
4-7	Jan 11–Feb 1	Th	4-4:45 PM	\$55/70	393926
4-7	Feb 15–Mar 7	Th	4-4:45 PM	\$55/70	393926
4-7	Mar 21–Apr 11	Th	4-4:45 PM	\$55/70	393926

Location: George A. Leoni Complex

Min/Max: 4/10

## Soccer

In this 4-week program VPD staff will lead players in specific drills to improve their overall understanding of the game. Each class lasts for 45 minutes. Players will rotate through different stations and drills. Learning and having fun is the number one goal! VPD staff will lead players in specific drills while they improve their overall understanding of the game while having a blast!

Age	Date	Day	Time	R/N Fee	Code #
8-12	Jan 11–Feb 1	Th	5-5:45 PM	\$55/70	393926
8-12	Feb 15–Mar 7	Th	5-5:45 PM	\$55/70	393926
8-12	Mar 21–Apr 11	Th	5-5:45 PM	\$55/70	393926

Location: George A. Leoni Complex

Min/Max: 4/10



**Get on the swim lesson  
interest list.**  
**Call: (708) 343-5270.**

## Volleyball

This fun and instructional program prepares players to succeed in volleyball. Players will improve their serving, bumping, setting and spiking skills. Games will be played throughout the program. Teamwork and good sportsmanship are stressed.

Age	Date	Day	Time	R/N Fee	Code #
10-15	Jan 8–Feb 5*	M	4-4:45 PM	\$55/70	393926
10-15	Feb 26–Mar 18	M	4-4:45 PM	\$55/70	393926
10-15	Apr 1–22	M	4-4:45 PM	\$55/70	393926

\* No class Jan 15

Location: Grant Park

Min/Max: 4/10

## Youth Fitness

### Youth Boxing

Learn the basics of boxing. Participants will practice how to throw a variety of punches, footwork, and timing, as well as the strategy involved with the sport of boxing.

Age	Date	Day	Time	R/N Fee	Code #
12-18	Jan 9–Feb 6	T	6 PM	\$40/55	555006-6
12-18	Feb 20–Mar 19	T	6 PM	\$40/55	555006-7
12-18	Apr 2–Apr 30	T	6 PM	\$40/55	555006-8

Instructor: Joao

Min/Max: 4/12

Location: Cimbalo Fitness Center

### Youth Fit (Fitness for Kids)

Start them on a healthy path as early as possible! Basic exercise techniques will be taught, and obstacle courses and other activities will create a healthy, competitive atmosphere.

Age	Date	Day	Time	R/N Fee	Code #
8-15	Jan 17–Feb 14	W	6 PM	\$40/55	555555-29
8-15	Feb 28–Mar 27	W	6 PM	\$40/55	555555-30
8-15	Apr 10–May 8	W	6 PM	\$40/55	555555-31

Instructor: Monica

Min/Max: 4/12

Location: Cimbalo Fitness Center

### Youth Speed and Agility

This exciting class is taught by a Certified Strength and Conditioning Coach and is designed for youth athletes wishing to prepare for their upcoming athletic season. This class, which will focus on speed, agility, coordination, and conditioning, will help build a strong foundation for future success.

Age	Date	Day	Time	R/N Fee	Code #
8-15	Jan 10–Feb 7	W	5 PM	\$40/55	557000-4
8-15	Feb 21–Mar 20	W	5 PM	\$40/55	557000-5
8-15	Apr 3–May 1	W	5 PM	\$40/55	557000-6

Instructor: Nick

Min/Max: 4/12

Location: George A. Leoni Complex

# Adult Leagues

## Bocce Ball Winter League

Looking to play bocce ball this Winter? Look no further! Join us on Thursday nights at the George A. Leoni Complex for VPD's In-house Winter Bocce Ball League. This is a 10-week league that runs from January through March. Team registration is required.

**Ages:** 18+

**Season Dates:** January 11-March 14

**Day:** Thursday

**Time:** 6-9 PM

**Fee:** \$100 per team

**Location:** George A. Leoni Complex

**Minimum:** 5 teams

**League  
and Tournament  
Updates!**

Visit our Adult Leagues  
and Tournaments Page:  
[quickscores.com/vpd](https://quickscores.com/vpd)



**Entry fees are required to be PAID in FULL on or before the deadline. Payments can be made over the phone with a credit card by calling (708) 343-5270 or in person at Grant Park Recreation Center in Northlake or at George A. Leoni Complex in Melrose Park (708) 716-4822.**

## INDOOR PICKLEBALL COURTS AT GRANT PARK RECREATION CENTER GYMNASIUM

Available for open play  
Monday- Friday 8 AM-1 PM

Register and pay at the front desk  
(708) 343-5270.

Fee per hour R/N: \$5/8  
( Paddles and ball included).

Pickleball lessons  
coming soon.





## A VPD Active Adult is Anyone Age 55 and Better

Register in person at Grant Park 44, W. Golfview Drive, Northlake, or George A. Leoni Complex, 800 N. 17th Ave., Melrose Park.

These events are not affiliated with senior clubs; they are park district programs open to all.

Registration  
is required  
in advance  
for all VPD Active Adult  
Events.  
Call (708) 343-5270  
to register.

## Bingo with Lunch

Visit with friends, and play Bingo! Lunch meal and 1 Bingo card included. Prizes for winners.

**Time:** 11 AM-2 PM (lunch is served at noon)    **Fee:** \$10 per person for each Bingo event

**Location:** Grant Park Recreation Center or Bulger Park Community Center

### January

Jan 10 – Grant Park  
Jan 31 – Grant Park

### February

Feb 7 – Bulger Park  
Feb 14 – Grant Park  
Feb 21 – Grant Park

### March

Mar 6 – Bulger Park  
Mar 20 – Grant Park

### April

Apr 3 – Bulger Park  
Apr 17 – Grant Park

## VPD Annual St. Patrick's Corned Beef Luncheon

Featuring Harrington's Corned Beef!

Date: March 13

Time: 11:30 AM–2 PM

Fee: \$25

Location: Bulger Park Hall

Raffles!

## Veterans Park District Senior Clubs — IT'S NEVER TOO LATE TO JOIN A SENIOR CLUB NEAR YOU!

Senior Clubs are a wonderful opportunity to meet new people and get together with old friends. Enjoy laughs and good times, that will keep you feeling young. Senior clubs offer parties, luncheons, songs, community information and Bingo! Some clubs even offer outings. Veterans Park District supports both clubs. For more information on being a member and filling your time with fun, call Veterans Park District at (708) 343-5270.

### Veterans Park Bulger Park Seniors

Located at 1601 Hirsch Street, Melrose Park

Bulger Senior Club meets the fourth Wednesday of the month, 12-2 PM. If you are in the district and would like to be a Bulger Senior club member stop by on the fourth Wednesday of the month. The annual fee is \$12 (January–December). The club charges extra for monthly lunch and Bingo cards. The President is Patty McDonnell.

### Veterans Park Grant Park Seniors

Located at 44 W. Golfview Drive, Northlake

Northlake Seniors meet twice a month, on the first and third Thursday of each month, 12-3 PM. The fee is \$5 with separate charges for parties and outings. Dee Stewart is the President.

# Active Adults & Seniors

## Games & Grub

Welcome to Games and Grub, where fun, friends, and food come together! Formerly known as "Bunco & Bites," we've expanded our horizons to include a variety of social games that are perfect for social butterflies like you. Whether you're a seasoned Bunco enthusiast, a card shark, or someone who loves rolling the dice, Games and Grub is the place to be.

**Dates:** January 22, February 12, March 11 April 15

**Day:** Monday

**Time:** 11 AM-1 PM

**Fee:** \$8

**Location:** George A. Leoni Complex



## Crafts & Coffee

Enjoy coffee and sweet rolls, while you create and socialize with your friends. New, easy to follow crafting projects each month. All materials supplied by Veterans Park District.

**Dates:** February 8, March 7, April 11

**Day:** Thursday

**Time:** 9:30-11:30 AM

**Fee:** \$13

**Min/Max:** 5/15

**Location:** Bulger Park Community Center

## YOGA FOR THE ACTIVELY AGING Chair Yoga



A gentle yoga class that is designed to maintain healthy joints, muscular flexibility, strength, balance, and coordination. Poses can be done using a chair or free-standing according to your abilities.

55 & Older — pay \$1 drop-in fee, no registration needed

Under 55 — register and pay \$40 R/\$55 N

Instructor: Victoria

Every Tuesday • 11 AM at Grant Park Recreation Center

Every Thursday • 1 PM at George A. Leoni Complex

## Films with Friends

Enjoy some hot freshly popped popcorn, light snacks and beverages, while watching a film with your friends.

**Dates:** January 19, February 16, March 15, April 19

**Show time:** 11:30 AM

(Check our Facebook page for upcoming movie titles.)

**Fee:** FREE for residents of Veterans Park District

**Location:** Bulger Park Community Center

## Out & About!

Out & About is a new program that includes bringing a small group of Active Adults on local trips, outings and events. We are currently in the final stages of planning. Call (708) 343-5270 for more information on where we are off to next!

(Join our Facebook Group Out & About for updates and new outings.)

Currently planning:

Sip & Paint Outing / Chocolate Tour / Dinner Outings

## Women on Wednesdays (WoW)

Are you looking for a supportive community that understands the unique challenges and experiences of aging? Look no further than our new monthly Women on Wednesday (WoW) support group! This group offers a space where senior women can come together, share their stories, and offer each other encouragement. Topics will be based on group suggestions and will cover a range of relevant topics.

Join us and discover the power of connection and support in this wonderful stage of life. This will take place on the third Wednesday of February, March, April and May, and participants should be able to commit to all four sessions. Space is limited, and registration is required.

**Age:** 55+

**Time & Date:** 10-11:30 AM

Group meets on the following Wednesdays: February 21, March 20, April 17, May 15 (Register once for all 4 dates)

**R/N Fee:** Free

**Code #:** Wow

**Facilitators:** Pam Mauro and Peggy Markey

**Location:** Grant Park Recreation Center, Trevino Hall **Min/Max:** 6/15

**Coffee and refreshments will be served.**



# Active Adult/Senior Day Trips



## Halim Time & Glass Museum

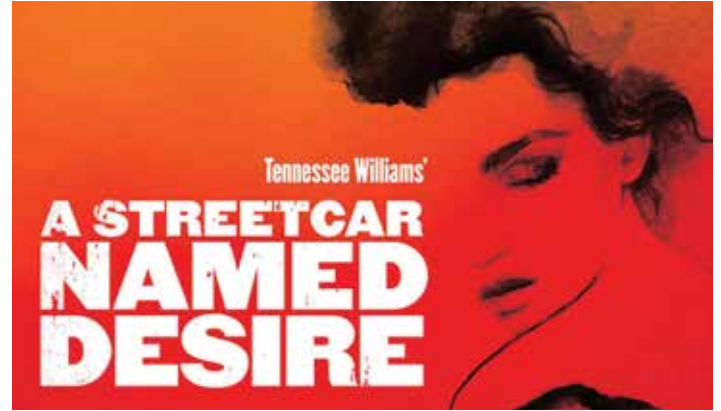
Discover a world of beauty and craftsmanship on a guided tour featuring displays with over 1,100 timepieces, including tower clocks, pocket watches, automations and more. The Louis Comfort Tiffany tour features his paintings, housewares, decorative arts, mosaics and his beautiful windows. Lunch in the Museum Café is provided. After lunch, there will be time to shop in the museum's gift shop.

Date	Day	Fee	Code #
Mar 14	Th	\$85	Halim

**Departure:** Cimbalo Fitness Center 9:30 AM / Grant Park 9:45 AM

**Return:** Grant Park 2:45 PM / Cimbalo Fitness Center 3 PM

**Location:** Evanston, IL



## A Streetcar Named Desire

Stella loves her husband Stanley, who is hard drinking and hard fisted. Enter Blanche, vulnerable and ready to break. Streetcar shows the tenuous relationship between hope and despair, and a battle for beauty and tenderness.

Lunch is included and will be enjoyed before this matinee show.

Date	Day	Fee	Code #
April 10	W	\$115	StreetCar

**Departure:** Cimbalo Fitness Center 10 AM / Grant Park 10:15 AM

**Return:** Grant Park 4:15 PM / Cimbalo Fitness Center 4:30 PM

**Location:** Aurora, IL



## Amish Tour: Countryside Makers of Shipshewana, Middlebury & Northern Indiana

Welcome to a place of invention, creativity, and resourcefulness. Here in Northern Indiana, we love company, and can hardly wait to introduce you to our local makers. From chimes to wooden baskets to noodles to homemade goodies, this tour immerses you in the Amish culture, where life is natural, straightforward, and easy to understand. Experience up-close-and-personal visits with the popcorn grower, and Amish leather craftsman to learn about their crafts, and delight yourself in a one-of-a-kind homemade Thresher's Meal.

Date	Day	Fee	Code #
May 16	Th	\$130	Amish

**Departure:** Cimbalo Fitness Center 6:45 AM / Grant Park 7 AM

**Return:** Grant Park 7 PM / Cimbalo Fitness Center 7:15 PM

**Location:** Shipshewana, IN



MINIMAL WALKING

SOME WALKING REQUIRED

MODERATE WALKING REQUIRED

STRENUOUS WALKING REQUIRED

## CANCELLATIONS

If the park district cancels a trip due to low enrollment, participants are notified and can get a refund or transfer the money to a credit or another trip. Cancellations for personal reasons can be made up to 10 days prior to the date of the trip. If a cancellation is made after this date the participant must find a replacement or will be charged a 50% surcharge.



# Easter EGG HUNTS



### FLASHLIGHT EGG & CANDY HUNT

**AGES 6–10 FREE FAMILY EVENT!**

**Thursday, March 21 • 8 PM**

**Gouin Park Playground, Franklin Park**

Eggs and candy are scattered throughout the playground. THIS HUNT TAKES PLACE AT NIGHT, SO REMEMBER TO BRING YOUR FLASHLIGHT and a basket to collect your eggs and candy. The hunt starts EXACTLY at 8 PM, rain or shine.

### BULGER EGG SCRAMBLER

**AGES 2–10 FREE FAMILY EVENT!**

**Friday, March 22 • 6:30 PM**

**Bulger Park Playground, Melrose Park**

Veterans Park District and the Melrose Park Youth Commission are proudly sponsoring an Egg and Candy Hunt at Bulger Park playground in Melrose Park. Eggs and candy will be hidden high and low for children to find. Remember to bring your basket to collect your goodies.

THIS HUNT TAKES PLACE AT NIGHT, SO REMEMBER TO BRING YOUR FLASHLIGHT. Parents may help 2- and 3-year-old children. 4- to 10-year-old children can hunt on their own. This event starts EXACTLY at 6:30 PM, rain or shine.

### TRUMBULL PARK EGG & CANDY HUNT

**AGES 2–10 FREE FAMILY EVENT!**

**Saturday, March 23 • 9:30 AM**

**Trumbull Park Playground, River Grove**

Hey, kids! The Easter Bunny will be hiding eggs and candy at Trumbull Park. Bring your baskets to collect your goodies. Each hunt will be divided into age groups and will start at EXACTLY 9:30 AM rain or shine. This event is organized in partnership with the Village of River Grove.

### GRANT PARK “EGG”STRAVAGANZA

**FREE ALL AGE FAMILY EVENT**

**Saturday, March 23 • 11 AM**

**Grant Park Playground, Northlake**

Veterans Park District and the City of Northlake are proudly sponsoring an Egg and Candy Hunt at Grant Park playground in Northlake. Eggs and candy will be hidden high and low for children to find. Remember to bring your basket to collect your goodies. This event starts EXACTLY at 11 AM, rain or shine.



# FAMILY INDOOR GARAGE SALE & FLEA MARKET

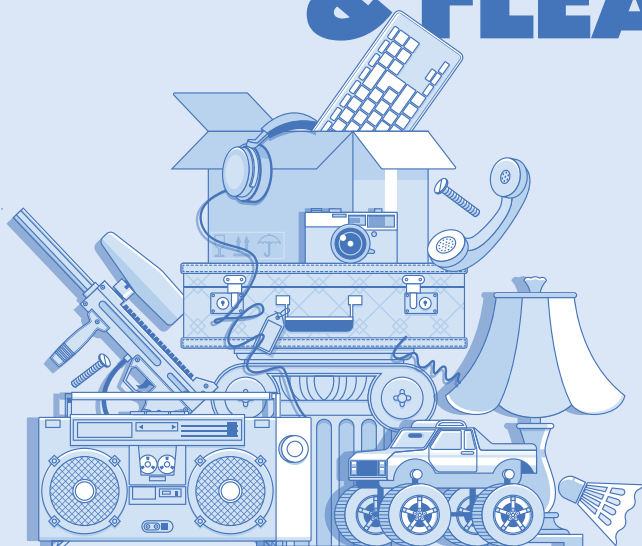
**SATURDAY, APRIL 27 • 9 AM-2:30 PM**  
**GRANT PARK GYMNASIUM**  
**44 W. GOLFVIEW DR., NORTHLAKE**

Time to clean out your attic, closets, or garage for items to sell. Upsell your baby clothes, toys, games, tools, books, and anything else you have. Or just come out and shop! Concessions will be open for snacks.

Registration is required to reserve your space. 2-8x3 ½ tables are available on a first come, first serve basis. Set up time is 8-9 AM. Call us for a registration form.

Registration deadline is April 21.

**Fee: R \$25 / N \$35**



# SUMMER KICKOFF CELEBRATION

**Saturday**  
**April 27**  
**11 AM-2 PM**  
**Grant Park**

Register early for Summer Camp  
and Gouin Pool Early Bird Passes.

- ⚙️ FREE GIVEAWAYS
- ⚙️ RAFFLES
- ⚙️ CRAFTS



# PLAN FOR SUMMER AT VPD

## SUMMER CAMPS

- ☀ Summer Day Camp
- ☀ Junior Counselor Program
- ☀ Summer Tot Camp

Look for more information in our summer guide due out in April, or call (708) 343-5270 to be placed on the VPD Camp e-mail list.

Registration begins April 27 at our Summer Kickoff event at Grant Park

**AFFORDABLE  
RATES!  
BEFORE AND AFTER  
CARE AVAILABLE!**

## GOUIN POOL & WATER SLIDES

Opening the end of May 2024.  
Purchase a Resident Early Bird Pass!  
Available March 1–April 27.

### Registering for a pool pass

Stop by Grant Park or Leoni Complex to register and receive your ID. To register you will need to verify your address with a current valid photo ID or 2 current utility bills showing your address and name. Season passes are non-refundable.

## SUMMER JOBS – APPLY EARLY!!!

Seeking camp counselors and lifeguards for Summer 2024. Stop in at Grant Park in Northlake or in George A. Leoni Complex in Melrose Park to pick up your application.



**YOU KNOW THE SAYING: "PRACTICE MAKES PERFECT"...  
SO PRACTICE AT VPD!**

## INDOOR GOLF SIMULATOR

**AT THE CIMBALO FITNESS CENTER**

**RATES: SEPTEMBER-MAY**

**30 MINUTES \$20**

**60 MINUTES \$40**

**RESERVE A TEE TIME!  
CALL (708) 343-5151**



## TURF AND BATTING CAGE RENTALS



**AT GEORGE A. LEONI COMPLEX**

**CALL (708) 716-4822 FOR MORE INFORMATION  
AND TO RESERVE THE TURF.**

TURF RENTAL RATES *	
September – May Full Turf	\$250/hr
September – May Half Turf	\$200/hr
June – August Full Turf	\$150/hr
June – August Half Turf	\$125/hr

\* Batting Cages are included in the turf rental fees.

## INDOOR WALKING TRACKS



**GRANT PARK RECREATION CENTER  
44 W. GOLFVIEW DRIVE  
NORTHLAKE**

14 laps around the track equals one mile.

**GEORGE A. LEONI COMPLEX  
800 N. 17TH STREET  
MELROSE PARK**

9 laps around the track equals one mile.



# Facility Rentals/Corporate Rentals

## CORPORATE ROOM RENTAL FEES 8 AM-5 PM

Corporate room rentals are available at Grant Park Recreation Center, George A. Leoni Complex, and Bulger Park Community Center. These multi-purpose rooms are the ideal space to accommodate your meeting/training needs. Chairs can be setup in classroom style or into banquet style with rectangular tables. Seating capacity varies depending on setup.

Rentals are reserved from Monday-Friday with rental options for full day (8 AM-5 PM) or half day (8 AM-12 PM or 1-5 PM).

### Grant Park Recreation Center 44 W. Golfview Drive, Northlake

- ▶ **GLICK HALL** (250 person max. One large room that can be converted into two rooms)  
\$400 full day / \$250 half day
- ▶ **TREVINO HALL** (80 person max)  
\$150 full day / \$75 half day
- ▶ **FULL COURT GYM** (500 person max. Full court gym that can be converted into two courts, for recreational use only)  
\$50 per hr full court / \$25 per hr half court

### George A. Leoni Complex 800 N. 17th Ave., Melrose Park

- ▶ **LEONI HALL** (100 person max. Room can be converted into two rooms)  
\$200 full day / \$100 half day
- ▶ **TURF RENTAL**  
\$135 hr full turf / \$75 hr half turf

### Bulger Park Community Center 1601 Hirsch St., Melrose Park

- ▶ **BULGER HALL** (300 person max)  
\$400 full day / \$250 half day

### New VPD Rental Location! Cimbalo Fitness Center 1203 N. 24th Ave, Melrose Park

- ▶ **MUSEUM ROOM** (25 person max)



- Each facility is equipped with the following:
  - Full kitchen, coat room, Wi-Fi, parking.
  - Amenities available to reserve in advance: podium, microphone, screen, projector.
- Wheelchair accessibility.
- Food and drinks allowed.
- Rentals require a \$100 deposit fee. Proper IDs and completed rental contract are due at the time of reservation. Rentals must be paid in full ten business days before the event.
- Please see contract for further guidelines. Rental contracts can be filled at the Cimbalo Fitness Center.

## LEYDEN BEARS FOOTBALL & CHEERLEADING

For information go to [leydenbears.com](http://leydenbears.com)

The logo for the Leyden Bears, featuring a stylized blue bear head with its mouth open, showing teeth and a tongue. The bear is facing forward. The background of the logo is a solid blue color.

Veterans Park District offers a variety of rentals at any of our three facilities. Celebrating a wedding, shower, family birthday party, or any special occasion, we are committed to making your experience a memorable event. The rental fee includes table and chair set-up and take-down, accessible kitchen, and ample parking for guests. Please see rental fees below!

If you are interested in renting a hall or gym, please call (708) 343-5270 for availability and more information. A deposit fee, proper IDs and a completed rental contract are due at the time of reservation. Hall rentals require a three-hour minimum. Rentals must be paid in full ten business days prior to the event. Please see the contract for further guidelines.



## George A. Leoni Complex

800 N. 17th Ave., Melrose Park, IL 60160

To rent, call (708) 716-4822

### Leoni Hall Fees

Attendance	R	N	Deposit
Leoni Hall 0-100	\$150/hr	\$200/hr	\$150



## Bulger Park Community Center

1601 Hirsch Street, Melrose Park 60160

To rent, call (708) 343-5270.

### Bulger Park Fees

Attendance	R	N	Deposit
0-300	\$225/hr	\$275/hr	\$250



## Grant Park Recreation Center

44 W. Golfview Drive, Northlake, IL 60164

To rent, call (708) 343-5270.

### Grant Park Fees

Attendance	R	N	Deposit
0-80 Trevino Hall	\$150/hr	\$200/hr	\$150
0-250 Glick Hall	\$225/hr	\$275/hr	\$250

### Gym Rental Fees for Sports & Recreational Purposes Only

(Must be reserved at least one day in advance)

	R	N
Half Court	\$25/hr	\$90/hr
Full Court	\$50/hr	\$180/hr
Volleyball net rental —	\$100 deposit	

### Gym Rental for After Hours Recreational Purposes

(Hours after 6 PM Monday through Friday and all day Saturday and Sunday are considered after hours. Must be reserved at least one day in advance.)

	R	N
Half Court	\$40/hr	\$135/hr
Full Court	\$75/hr	\$270/hr



# General Information

## Policies

### Accident Policy

Veterans Park District DOES NOT provide insurance coverage for any injuries sustained while participating in park district programs or activities, or while using park facilities. Therefore, any cost related to such injuries should be presented to your personal hospitalization insurance carrier.

### Cancellations

1. The park district reserves the right to cancel programs due to insufficient registration or causes beyond its control.
2. If a program is cancelled, we will make every effort to contact you by phone.

### Loss of Privileges

Anyone found falsifying information on the registration form or any park district application will immediately lose all program, pool or other park district privileges.

### Park Rules

Alcohol is not allowed in the parks. No exceptions! Pets are not allowed in the parks. Parks close at dusk.

### Photo / Video Release

When you register for a VPD program, or attend a park district event, please know that you also consent to the use of any photographs in the Veterans Park District brochures, publications, presentations, VPD social media, etc. We appreciate your enjoyment of our programs and look forward to sharing your excitement and your child's happiness with others!

### Proof of Residency

It is impossible to always know all of our residents. Therefore, do not be offended if we ask for an ID and proof of residency when you register. It is our goal to give our residents the best possible service.

PROOF OF RESIDENCY items needed as follows:

- A VALID CURRENT state ID
- TWO (2) CURRENT utility bills with NAME & ADDRESS

If proof of residency is not available at the time of registration, the participant must be prepared to pay out of district rates.

### Fee Information

Residents living within the shared communities Veterans Park District serves, may receive in-district fees for a variety of programs.

### Refund Policy

Request for refunds must be made prior to the start of a program. No refunds will be allowed once the program begins.

## VPD Affiliations

### VILLAGE HALLS

Franklin Park: (847) 671-4800

Leyden Township: (847) 455-8616

Melrose Park: (708) 343-4000

Northlake: (708) 343-8700

River Grove: (708) 453-8000

### ATHLETIC ORGANIZATIONS

Franklin Park Vipers: (847) 553-5129

Gaels Football/Cheerleading: (847) 345-6407

Leyden Bears Football and Cheerleading: (708) 343-5270

Leyden Girls Softball: (847) 455-1965

Leyden Lions Football (Semi-pro): (847) 321-0666

Melrose Park Little League: (708) 450-0555

Northlake Baseball/Softball: (708) 372-5982

River Grove Little League: (708) 453-8718

Melrose Indians: (708) 452-9438

Thunder Soccer: (847) 671-0330

### ORGANIZATIONS MEETING AT BULGER PARK COMMUNITY CENTER

Bulger Park Senior Club meets 4<sup>th</sup> Wednesday of each month, 12-3 PM.

No meetings in July and August

### ORGANIZATIONS MEETING AT GRANT PARK

Northlake Senior Citizens meets 1<sup>st</sup> and 3<sup>rd</sup> Thur. of each month, 12-4 PM.

Senior Citizens Live It Up Club meets 2<sup>nd</sup> and 4<sup>th</sup> Tues. of each month, 11 AM-4 PM.



## Advertise with VPD!

Promote your business or organization throughout Veterans Park District. District communities include, Franklin Park, Melrose Park, Northlake, River Grove and Unincorporated Leyden Township. 23,000 Program Guides are printed 3 times a year.

### Program Guides are:

- Mailed to 20,000 households.
- Displayed at eight of our facilities.
- Available for viewing on our website [vpdpark.org](http://vpdpark.org), Facebook and Twitter.

**COLOR! FULL PAGE, HALF PAGE AND BUSINESS CARD AD OPTIONS ARE AVAILABLE.**

**For more information or to place an ad, call (708) 343-5270 .**

## Registration

### VETERANS PARK DISTRICT REGISTRATION POLICY

Participants are required to pre-register at least two (2) business days in advance or by the program registration deadline date. Programs might be cancelled if pre-registration minimums have not been met. Registration and payment may be completed over the phone at (708) 343-5270 or online on our website: [vdpark.org](http://vdpark.org). Any unpaid balances must be paid in full before you can register for additional programs.

**WAIT LIST POLICY:** If a participant is wait-listed and a space opens in a program, the first person on the wait list will be contacted. That participant will have 24 hours to respond and provide payment. If a response and payment is not received within 24 hours of enrollment, the next person on the wait list will be contacted. Veterans Park District will notify the participant and payment will be due at that time.

### Five Ways to Register!

1. To register online, go to [vdpark.org](http://vdpark.org) and click Online Registration under Registration menu. Call us for your username and password (708) 343-5270.
2. Walk-in during operating hours listed below.
3. Over the phone through the Veterans Park District Grant Park Recreation Center located at 44 W. Golfview Drive, Northlake, with a credit card (Visa, MasterCard, AmEx or Discover).
4. Via fax by downloading the Veterans Park District Registration Form and faxing to (708) 492-1801.
5. Mail by downloading the Veterans Park District Registration Form and sending it to 44 W. Golfview Drive, Northlake IL 60164.

### Grant Park Recreation Center – 44 W. Golfview Drive, Northlake

Registration: Walk-in • Phone • Fax • Facility rentals

Phone: (708) 343-5270, Fax: (708) 492-1801

Office Registration Hours:

M-F: 8 AM-6 PM

Sa-Su: closed\*

Building open in evenings and weekends for programs and rentals.

### Cimbalo Fitness Center & Museum – 1203 N. 24th Ave., Melrose Park

Registration: Walk-in • Phone (no fax registration or facility rentals)

Phone: (708) 343-5151

Hours: M-F: 6 AM-8 PM Sa-Su: 8 AM-2 PM\*

### George A. Leoni Complex – 800 N. 17th Ave., Melrose Park

Registration: Walk-in • Phone (no fax registration, Leoni Complex facility rentals only)

Phone: (708) 716-4822, Fax: (708) 343-3638

Office Registration Hours:

M-F: 8 AM-6 PM

Sa-Su: closed\*

\* Saturday and Sunday Cimbalo Fitness Center is open for calls and program registration.

**Building open in evenings and weekends for programs and rentals. After hours turf rentals available. Turf payment and reservations must be made in advance. Call (708) 716-4822 for details.**

## Online Registration

Veterans Park District is encouraging our patrons to register for numerous classes and activities online. To use online registration, patrons must have a Household ID number, which will be your user name and password. The benefits of online registration include searching for programs, updating household information, viewing shopping history and more.

Registrations will be processed immediately using your Visa, MasterCard, AmEx or Discover. Currently, over 80 percent of the classes and activities offered by Veterans Park District are eligible for online registration. Classes that require filling out paperwork are not eligible for online registration (i.e. Camps, Preschool, After School Care, and Break Camps).

**CALL US TODAY AT (708) 343-5270 TO REQUEST YOUR HOUSEHOLD ID NUMBER.**

## Veterans Park District Rules of Conduct

### I. Equal Access

No eligible participant shall be limited in the exercise of any right, privilege, advantage or opportunity on the basis of race, sex, creed, national origin, activities, services, or benefits.

### II. Behavior:

Participants are expected to exhibit positive behavior at all times. The following guidelines have been developed to help make park district programs safe and enjoyable for all participants. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff.

Participants shall:

1. Show respect to all participants and staff.
2. Take directions from staff.
3. Refrain from using abusive or foul language.
4. Refrain from causing bodily harm to self, other participants, or staff.
5. Show respect to equipment, supplies, and facilities.

### III. Discipline

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, prompt resolution will be sought specific to each situation. The park district reserves the right to dismiss a participant whose behavior endangers the safety of himself/herself or others.

### IV. Procedure

Upon registration or entry into the program, the parent/guardian is required to provide any information regarding special accommodation needed. For example, if the registration form asks to describe accommodation needed for the participant's enjoyment of a particular program, and the parent response indicates "a positive role model for behavior," or another response of that nature, the parent will be contacted for information about any behavior modification programs in place at school or home. Attempts will be made to utilize these in the program.

# General Information

## Digital Resources

### VPD ON SOCIAL MEDIA

Follow us on social media: Veterans Park District on Facebook (@vpdparks); Cimbalo Fitness Center on Facebook (@vpdfitness); VPD Preschool on Facebook (@vpdpreschool); VPD on Instagram (@vpdpark); VPD on X (@vpdpark); VPD on Pinterest (@vpdpark); VPD on YouTube (search VPD Fitness and Veterans Park District Preschool).

### eNEWSLETTER

If you would like to receive VPD newsletters and updates via email, please call our front desk at (708) 343-5270 or sign up at vpdpark.org

## Save Your Program Guide

The Parks and Recreation Department has a limited amount of Program Guides available for public distribution. Please remember to hang on to your book. You may want to look at it again. Each Program Guide covers four to six months of programs, events and activities. Please recycle when finished.

## Create-A-Class

Do you have a special talent or skill and would like to be an instructor for the Recreation Department? We are always looking for new people, programs and ideas. Please call or come into the office.

## Stop the Vandalism!

Abuse and vandalism of your community neighborhood parks and facilities is a serious problem. Problems concerning vandalism can be costly and a time-consuming process to correct. If you witness acts of vandalism or the results of such acts, please contact us at (708) 343-5270 or contact your local police department. Have pride in your parks and facilities, and please show community support to prevent vandalism.

## Flyers! Newspapers!

To help keep you informed about special events, trips, programs and activities, flyers will be available at the Administration Building and all park district facilities. Also, look for announcements in local publications.

## You Snooze – You Lose!

Nothing kills a program quicker than waiting until the last minute to register for it! If there are not enough registrant's five (5) days prior to the start of the program, it will be cancelled. Registering late will not guarantee a program will run.

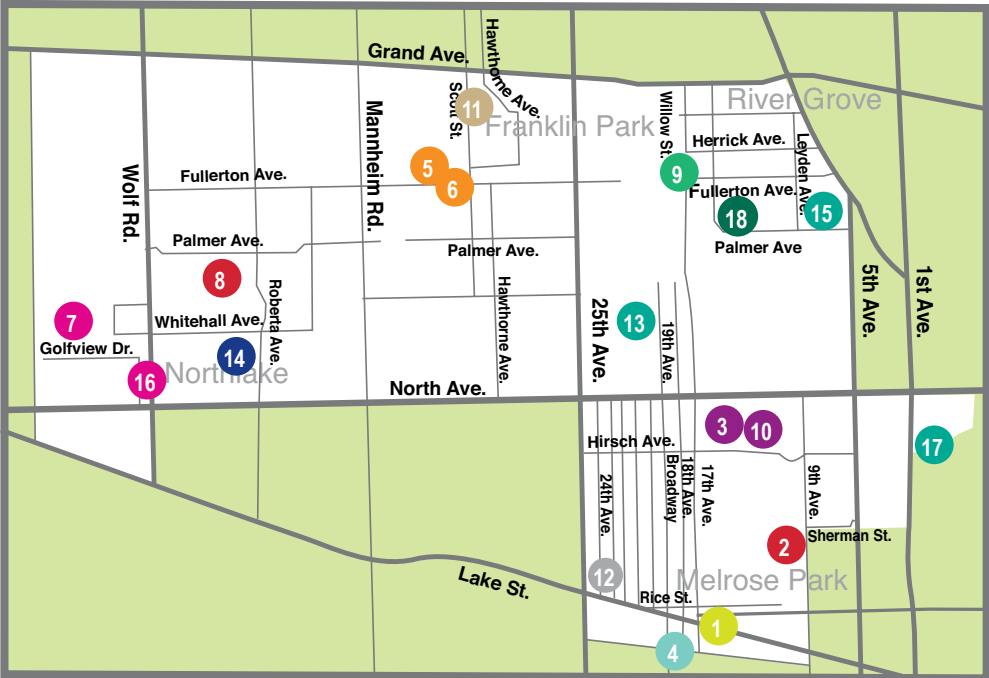
## Extreme Weather Conditions

In case of extreme weather conditions, please check ahead for building closings or program cancellations on our Facebook page or vpdpark.org.

Preschool	(708) 731-5290
George A. Leoni Complex	(708) 716-4822
Grant Park Rec. Center	(708) 343-5270
Cimbalo Fitness Center	(708) 343-5151

## Veterans Park District Boundaries

Use these guidelines with the map to determine whether you reside within the boundaries of Veterans Park District.



- FRANKLIN PARK**  
All areas south of Grand Avenue.
- LEYDEN TOWNSHIP (UNINCORPORATED)**  
Any area south of Grand Avenue.
- MELROSE PARK**  
All areas east of 25th Avenue.
- NORTHLAKE**  
All of Northlake is within boundaries, except those areas south of North Avenue and east of Wolf Road.
- RIVER GROVE**  
Areas south of Grand Avenue and west of Des Plaines River Road.



# Facility Resource Guide

VETERANS PARK DISTRICT FACILITY RESOURCE GUIDE	Average Size in Acres	Hall Rentals/Meeting Rooms	Accessible Public Washrooms	Baseball Diamonds	Softball Diamonds	Multi-Use Playgrounds	Jogging/Walking Area/Track	Drinking Fountains	Outdoor/Wading Pool	Picnic Area	Aerobics/Exercise Room	Dry Sauna and Steam-room	Bocce Ball Courts	Concession Stand	Indoor Court Sport	Lighted Tennis Courts	Skate Board Park	Gazebo	Gym	Museum	Outdoor Volleyball	Water Slides	Batting Cages	Preschool	Splash Fountain	Football Field	Memorial Gardens	Indoor Turf	Outdoor Fitness Park	Indoor Golf	Pickleball Courts	Community Gardens
1. George A. Leoni Complex 800 N. 17th Ave. Melrose Park	1.5	●					●															4					●					
2. Bataan Park 1220 N. Ninth Ave. Melrose Park	4.5		●	2		●	●	●		●						2		●					●						●		●	●
3. Bulger Park 1601 Hirsch Street Melrose Park	8	●	●		2	●	●	●		●			2	●				●							●		●		●			
4. Juan A. Montoya Park 135 N. 18th Ave. Melrose Park	.25					●		●		●								●														
5. Gouin Park 2400 Scott Street Franklin Park	15		●	●	●	●	●	●		●						3																
6. Gouin Pool and Water Slide 2400 Scott Street Franklin Park	1.5							●	●	●				●							●	2										
7. Grant Park Recreation Center 44 W. Golfview Drive Northlake	14	●	●	4		●	●			●				●	●			●	●						●	●	●				●	
8. Kahl Park 255 Palmer Northlake	2.3		●	2		●		●		●			2												●				●			
9. Latoria Park Willow and Herrick Street Franklin Park	2					●		●		●			●																			
10. Maintenance Garage 1601 Hirsch Street Melrose Park	1.5																															
11. Manheim Park 2766 Hawthorne Ave. Franklin Park	.5							●										●									●					
12. Cimbaló Fitness Center and Museum 1203 N. 24th Ave. Melrose Park	1.5	●									●	●			●					●										●	●	
13. Olsen Park 2009 Broadway (19th) Melrose Park	.5					●		●		●								●									●					
14. Posphalla Park 338 E. Whitehall Northlake	.8					●	●	●		●							●	●							●				●			
15. Trumbull Park 2311 N. Leyden River Grove	2.5		●	●		●		●		●			●			2		●							●							
16. Veterans Park District Preschool 112 N. Wolf Road Northlake																								●								
17. Vietnam Veterans Memorial Park 1800 Riverwoods Drive Melrose Park	.33																										●					
18. Veterans Memorial Park 2212 Elm Street River Grove	.14																										●					



## Veterans Park District

44 W. Golfview Dr.  
Northlake, Illinois 60164

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## DELIVER TO: RESIDENTIAL CUSTOMER

(708) 343-5270 • [vpdpark.org](http://vpdpark.org)   



*When you have finished with the Program Guide, please recycle it.*



**FLASHLIGHT EGG & CANDY HUNT** • THURSDAY, MARCH 21 • 8 PM • GOUIN PARK, FRANKLIN PARK  
**BULGER EGG SCRAMBLER** • FRIDAY, MARCH 22 • 6:30 PM • BULGER PARK, MELROSE PARK  
**TRUMBULL PARK EGG & CANDY HUNT** • SATURDAY, MARCH 23 • 9:30 AM • TRUMBULL PARK, RIVER GROVE  
**GRANT PARK "EGG" STRAVAGANZA** • SATURDAY, MARCH 23 • 11 AM • GRANT PARK, NORTHLAKE



**FAMILY INDOOR GARAGE SALE & FLEA MARKET**  
SATURDAY, APRIL 27 • 9 AM-2:30 PM • GRANT PARK GYMNASIUM, NORTHLAKE



**SUMMER KICKOFF CELEBRATION**  
SATURDAY, APRIL 27 • 11 AM-2 PM • GRANT PARK, NORTHLAKE

**SAVE THE DATES**